

# Vertrauensparcour



- Spiel - Vertrauen

- Andacht - "Lebensglück" (erfülltes Leben)

## **Game preparations**

1. Set posts before evening and provide with appropriate materials.
2. Explain game; describe route or record it on bottom half of each post sheet.
3. Form groups of 2; blindfold one person, change after post 3.
4. If necessary, describe the route of the first three posts to the sighted.
5. Start a group every 3-4 minutes.
6. If the posts are difficult, a helper may be needed.
7. In urban areas, this game seems to be more interesting, as there may be spectators.
8. It is better to carry out post 7 on the grass than on the street. Additions to post 7
  - For this post, the game is played without a blindfold, i.e. "seeing".
  - The game leader asks the participants to jump.
  - When nobody wants to jump anymore, the leader reminds the signed slips of paper in the trouser pockets.
  - Whoever does not have a slip of paper (cheque) can obtain such from the game leader. There they are signed and redeemed to receive the "luck of life" gift.
  - The goal of this post is to convey that life luck is only given to you as a gift. You can't earn it!

## **Thoughts for devotion**

- Everyone is in search of the "happiness of life" (fulfilled life).
- As long as we try to create it ourselves, we make - in addition to perhaps quite happy partial successes - on the whole similar experiences as when jumping from the bottles.
- Showing the offer of Jesus (Joh. 10:10):
  - Pointing out our good (play) experiences of trusting one another
  - Jesus Christ is trustworthy(cf. Isaiah 49:32)
  - clarify the conditions (see text on the "check"); happiness in life is only given to you. It cannot be earned.

(These thoughts are mostly related to post 7 and not so much to trust.)

Plätter  
inde

Posten 6

- Reissnä  
verteilt)

s

Posten 7

- zwei Br  
- vier Fla  
- Markier  
- Kiste (u  
- evtl. 2 F  
- Cheque  
- Bleistift  
- Lebens

e  
es

eln

zen

## **3 "Das Lebensglück"**

ue berechtigt dessen  
as "Lebensglück" ge-  
halten - unter der Be-  
s dieser Cheque

inger persönlich unter-  
nd

inger persönlich beim  
eingelöst wird.

des Empfängers:

.....

ter:.....

## **P O S T E N 1**

\*\*\*\*\*

Lege Deinem Blinde  
bon in den Mund (oh  
sagen, was es ist).

Selbst darfst Du auch  
nehmen!

See PDF file for more item sheets and details

### **Source reference:**

**Author and pictures:** Hans Käser, Teenager-Aktuell 3/90

copyright: BESJ Switzerland [www.besj.ch](http://www.besj.ch)