ERSTELLT VON
Irmgard

ON
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★ ★ ★ ★ ★
Keine Stimmen

Wasserolympiade



Eine Wasserolympiade im Schwimmbad ist eine gute Möglichkeit, um auch fremde Kinder auf unsere Jungschar aufmerksam zu machen.

The following games can all be played in the non-swimmer's pool.

The children are divided into groups that "fight" against each other. If possible, each group has a leader. The points scored could be scored with marbles, for example. Whoever wins a game receives as many marbles as the number of groups taking part in the Olympics. If there are five groups, this means five marbles. The runner-up receives four, the third-placed group three, and so on.

Fishing for table tennis balls

Lots of table tennis balls are thrown into the water. All the children stand at the edge of the pool. Here we go! The children jump into the water, grab a table tennis ball and bring it to their group leader. The leader records the number of balls caught and immediately throws them back into the water. Caution: Only one ball may be brought in at a time! If you bring in more than one at a time, you will receive a minus point for each ball that is too many! After 2 - 3 minutes, the whistle is blown and the group with the most balls is evaluated.

Battle for the balls

Here, each group plays against each other. Two leaders hold a rope in the water. It forms the dividing line between two playing fields. An equal number of table tennis balls are placed on each side. As soon as the leader gives the starting signal, the two teams try to throw their balls at the opponent's half. After a set time, the whistle is blown and the balls are counted. The team with fewer balls is the winner.

Pull the rope

You should try this by swimming! Tournament mode: Each group against each other, winners against each other, ...

Swimming race

A leader stands at the end of the course to be covered by swimming (or running through the water). He holds a plastic pool with table tennis balls in it. On the other side, the groups line up in a row. When the leader gives the signal to start, the front of the group jump into the water, swim to the other leader and pick up a ball. They swim back with the ball. As soon as they are out of the water, the next person in the group can start, and so on. Whoever loses their ball on the way has to fetch it. Which group gets back in line first and everyone has a ball?

Tip: The leader could also have apples in the pool. This way, the children can get something for a snack.

Diving

Place one object per group in the water (diving sticks, rings, cloth, clean stone, etc.). Proceed as in the swimming race. If you can't dive, you can lift the object with your foot and then hold it in your hand. Please do a test to see what you can lift with your feet! A leader is responsible for ensuring that there are always enough diving objects in the water.

Transport through the water

- Transport the towel on your head through the water to your destination and back again. The towel must remain dry!
- Carry the candle and match through the water to the finish line and light the candle there. Only when the candle is lit may the next person start!
- Wet shorts with an elastic waistband and a wet T-shirt are deposited on one side for each group. The first of the group swims over, puts on the clothes and swims back. There they take them off and the next person puts them on. He then swims over, takes off his clothes, puts them down and swims back. Which group finishes first?
- For swimmers: Simple way to learn how to transport a person. One child lies on their back and holds a cloth with both hands (at about chest height). The second child holds the other end of the towel in one hand and now drags the child lying on their back to their destination, swimming on their side.

Water Olympics_YW

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A water Olympics in the swimming pool also draws the attention of other children to our Jungschar. 2/04, page 26

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Wasser
Olympiade
Wettbewerb
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Öffentlichkeitsarbeit

Alter
8–12 Jahre

Anzahl Teilnehmer
1–20
20–30
30 – 100

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