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★ ★ ★ ★ ★
Keine Stimmen

Waldrugby



Rugbyformen mit Jungschärlern durchzuführen ist nicht immer unproblematisch, da das Verletzungsrisiko relativ hoch ist und es öfters auch eher eine Massenschlägerei als einen geordneten Wettkampf zur Folge hat.

Diese Rugbyversion sollte dies ein wenig unterbinden und den Spassfaktor erhöhen.

Material

- Ball or rugby ball
- Barrier tape, marker flags, or similar
- Referee whistle
- Optional: armbands for team identification

Game Mode

To prepare for the game, mark off two goal lines (e.g., with barrier tape). It is important that both lines are the same length and are positioned between two trees. The playing area should be reasonably flat and located in the woods.
Teams are divided using the Alternating Teams method.
The groups have 10 minutes to barricade their goal line with branches and anything else they can find in the forest.
Then the actual game begins: The teams compete against each other with the goal of placing the ball behind the opponent’s goal line (which requires overcoming the barricade). Not all team members are on the field at the same time (Alternating Teams method).

Rules

- The ball may only be passed backward.
- If the ball is blocked (e.g., in a one-on-one situation), the referee blows the whistle and the player who originally had possession may continue play (backward pass).
- Only the player in possession of the ball may be tackled.
- Biting, scratching, kicking, and similar actions are prohibited.

Pictures




Source Citation

- Cover photo / Photos: Courtesy of the Schinznach Youth Group / Manuel Meier

Weitere Informationen

Categories
Spiele und Aktivitäten

Tags
Sports lesson

Alter
8–12 Jahre
13–16 Jahre

Anzahl Teilnehmer
1–20
20–30

Bibel
Diese Information fehlt.

Dauer
Keine Daten verfügbar.

Material
Eine Menge Arbeit

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