

ERSTELLT VON
Ramba

ON
29.10.2016

★ ★ ★ ★ ★
Keine Stimmen

Heusack-Rugby



Ein kurzes Spiel bei dem man sich intensiv Austoben kann.

Material

- Sack filled with hay (preferably large bag, loosely filled and not hard pressed)
- Gate markings (e.g. posts or similar)

Gameplay

Play in a rectangular field. At both ends a goal, marked with two posts or something similar. Almost anything is allowed: run with the sack, throw forward and backward, and snatch it away from the opposing team. One point is awarded to the team that can put the sack behind the opponent's goal line. A referee is certainly not out of place in all the action ;-)

Safety note

Jute bags are very rough and you can easily scrape your skin on them during a fight. If available maybe use cloth bag. Even if the hay bag reduces the risk of fighting injuries somewhat, it is still a game with a lot of physical play, larger players must be considerate of smaller players. Put away watches and jewellery

Source credits

- **Cover image:** Uschi Dreiucker / www.pixelio.de
- **Game Idea:** Courtesy of www.spielboerse.ch - Game Ideas for Jungschar!

Weitere Informationen

Categories
Spiele und Aktivitäten

Tags
Kurz
Action
Bewegungsspiel
Energie
Spiel in der Gruppenphase

Alter
Keine Daten verfügbar.

Anzahl Teilnehmer
Keine Daten verfügbar.

Bibel
Diese Information fehlt.

Material
Eine Menge Arbeit

Dateidownload
Keine Dateidownloads

KI Generierter Inhalt
Contents
Categories
Tags
Alter
Anzahl Teilnehmer
Bibel
Material

© YoungstarsWiki | https://youngstarswiki.org/de/wiki/art/heusack-rugby