

Blind chair dance

Fun variation on a well-known game.

Very fun to do at a bonte evening or as a component for a hexathlon.

Fits well into a program about the senses.

Material

- Fence tape (or rope)
- Chairs or poufs
- Tie cloths (you can also paint safety glasses completely black)
- Music

Playout

Set off the "dance floor" with drop-off tape; within this ribbon, participants will try to find a chair or puff while dancing.

|||

Blindfold the participants and check that they are properly blindfolded.

|||

Set the music on. The participants will dance to the music.
You can also provide live music yourself :-)

|||

Place the chairs (a little less than there are participants) on the dance floor. You can also use poufs for this, these are softer and give less risk of injury).

|||

Turn off the music, this is the signal for the participants to find a chair (or pouf). After a short pause, the music comes back on, allowing participants to search while dancing.

||

If all the chairs are occupied, the game and the music stops. The participant(s) who did not find a seat will drop out.

III

Repeat steps 2 through 6 until a winner remains.

Variant

You can also make blind chair dancing a team competition. The participants now form two teams (for example, boys against the girls). Which of the teams manages to be the first to have all found a chair?

Image

Title photo: Birgitta Hohenester / pixelio.de