

## Passenger transport with obstacles

The group's task is to promote one person from their own ranks.

But in doing so, they must cross obstacles that the person being transported is not allowed to touch.

### Framework

Group size: 10-18 people

Duration: 15-30 minutes

Age: 14 years and older

Location: indoors or outdoors

### Preparations

A "course" is created or the order of the obstacles and the way of crossing them is determined. The difficulty of each obstacle should be adjusted to the abilities of the group. So should the length of the course.

Possible obstacles are: small walls to cross, low ropes to "reach under", stairs, over a small stream...

### Overcoming

The group is collectively tasked with transporting a person from their own ranks, a certain distance with certain obstacles. Which person is transported is at the discretion of the group.

The person being transported must not touch the ground or the obstacles.

Whoever of the group touches an obstacle may not move his feet. If he releases the touch, he may move them again. (The point of this is that when an obstacle is overcome, everyone assumes a certain position, which they hold until the obstacle is overcome. So the person carried is also passed on.)

Everyone is to help.

## **Suggestion**

The group can also think up the course themselves, along the lines of "how much do we dare to do". The point is to assess themselves as realistically as possible.

In this case, a somewhat longer planning phase must be taken into account.

## **Picture credits**

Cover photo: CarolES