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★ ★ ★ ★ ★
Keine Stimmen

Create plaster masks



Plaster masks can be used for a theater or as decoration. Find out how to make them here.

Material

- Gypsum bandages
- Bowl of water
- Levea cream or otherwise a greasy cream
- Paint/acrylic paint
- possibly some spray paint

Process

Either outside on the floor or cover the floor with plastic.

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Cut the plaster bandages into large and small pieces - best in a kettle/container.

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In partner work: Someone creams their face very very well with Nivea cream (also eyebrows and at the hairline) - you can also cover the hairline and eyes with cling film for safety.

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The second person takes a plaster binder puts it in a bowl filled with water and puts it on the face and so on (a plaster mask needs about 4 layers).
Caution: Leave nostrils free!!!

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When the face mask is dry, the person can try to make grimaces under the mask so that it slowly comes off.

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Finished: Now you can let it dry for a short time and paint it. With gouache, I would paint it when it is completely dry (takes a few days to dry). With acrylic paint, this is not necessary.

When cleaning up, don't pour the plaster water into the sink (the plaster settles) but outside into the bushes.

Images





Sources

- **Cover image and pictures:** Jungschar der FMG Wetzikon, www.fmgw.ch

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Instructions
Theater
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No data available.

Number of participants
No data available.

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Duration
No data available.

Terrain / surroundings
In enclosed spaces

Material
A lot of work

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