

## Create plaster masks



Plaster masks can be used for a theater or as decoration. Here you can learn how to create them.

### Material

- Gypsum bandages
- Bowl of water
- Levea cream or otherwise a greasy cream
- Paint/acrylic paint
- possibly some spray paint

### Process

Either outside on the floor or cover the floor with plastic.

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Cut the plaster bandages into large and small pieces - best in a kettle/container.

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In partner work: Someone creams their face very very well with Nivea cream (also eyebrows and at the hairline) - you can also cover the hairline and eyes with cling film for safety.

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The second person takes a plaster binder puts it in a bowl filled with water and puts it on the face and so on (a plaster mask needs about 4 layers).

**Caution:** Leave nostrils free!!!

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When the face mask is dry, the person can try to make grimaces under the mask so that it slowly comes off.

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Finished: Now you can let it dry for a short time and paint it. With gouache, I would paint it when it is completely dry (takes a few days to dry). With acrylic paint, this is not necessary.

When cleaning up, don't pour the plaster water into the sink (the plaster settles) but outside into the bushes.

## Images



## Sources

- Cover image and pictures: Jungchar der FMG Wetzikon, [www.fmgw.ch](http://www.fmgw.ch)