

Get to know new sports



Basic idea / aim:

To get to know new sports with the teenagers and use them as spiritual comparisons in devotions.

Preparation of the project

Duration / period / effort:

Approx. 11 occasions of 3 hrs.

Suitable for:

Approx. 15 teens (program can be adapted to the number)

Aids: books:

- "All About the Art of Juggling" by Dave Finnigan, DuMont Publishing
- for fitness / games and skating: "1015 game and combination forms in many sports" by Walter Bucher (ed.), Verlag Hofmann Schorndorf

Costs:

Vary depending on hall rental and train rides

Important notes:

- Depending on facilities and hobbies of leaders or acquaintances, the program will be different.
- This program thrives on relationships with school custodians, wardens and club leaders. It is always worth asking.
- Maybe there are also clubs willing to give an introductory afternoon.

Execution of the project

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Source reference

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