

## Get to know new sports



### Basic Idea/Objective:

To learn about new sports with the teens and use them as spiritual comparisons in devotions.

## Preparation of the project

### Duration / period / effort:

Ca. 11 occasions of 3 hrs.

### Suitable for:

Ca. 15 teens (program can be adapted to the number)

### Aids: books:

- "All About the Art of Juggling" by Dave Finnigan, DuMont Publishing
- for fitness / games and skating: "1015 game and combination forms in many sports" by Walter Bucher (ed.), Verlag Hofmann Schorndorf

### Costs:

Vary depending on hall rental and train rides

### Important notes:

- Depending on facilities and hobbies of leaders or acquaintances, the program will be different.
- This program thrives on relationships with school custodians, wardens and club leaders. It is always worth asking.
- Maybe there are also clubs willing to give an introductory afternoon.

## Execution of the project

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## **Source reference**

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