

## Get to know new sports



### Basic idea / aim:

To get to know new sports with the teenagers and use them as spiritual comparisons in devotions.

## Preparation of the project

### Duration / period / effort:

Approx. 11 occasions of 3 hrs.

### Suitable for:

Approx. 15 teens (program can be adapted to the number)

### Aids: books:

- "All About the Art of Juggling" by Dave Finnigan, DuMont Publishing
- for fitness / games and skating: "1015 game and combination forms in many sports" by Walter Bucher (ed.), Verlag Hofmann Schorndorf

### Costs:

Vary depending on hall rental and train rides

### Important notes:

- Depending on facilities and hobbies of leaders or acquaintances, the program will be different.
- This program thrives on relationships with school custodians, wardens and club leaders. It is always worth asking.
- Maybe there are also clubs willing to give an introductory afternoon.

## Execution of the project

[7\\_Execution of the project](#)

## **Source reference**

**Content:** Teenie working group, Margrit Hugentobler and Roland Heiniger, Jungschar Arbon

**copyright:** BESJ Fällanden [www.besj.ch](http://www.besj.ch)

**image:** Juropa [.net](http://.net) [www.juropa.net](http://www.juropa.net)