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### Four seasons



Throughout the four seasons, we draw various comparisons to ourselves based on nature:

Spring - preparation Summer - growth Autumn - Harvest Winter - resting

#### Basic idea / objective:

As a basis, regular visits to plant crops in agriculture can be carried out.

Based on these crops, the four main topics of "preparation, sowing" (spring); "care, growth" (summer); "harvest" (autumn); "rest" (winter) will be addressed and supplemented or deepened in further evenings.

#### **Duration / Period:**

One year. Per quarter, depending on the idea, 2-5 evenings (or afternoons) can be organized.

#### Suitable for:

Group size does not matter, more suitable for country areas.

#### Aids:

- Books about nature, depending on the planting culture selected
- Person tips: Farmers, gardeners

#### Costs:

No direct costs, except possibly for transportation

#### Execution of the project:

Search for suitable illustrative objects in nature, depending on the locality. Contacting, for example, farmers from our communities.

Suitable objects: Arable fields, fruit trees, vines, etc.

At least one visit per season should be made to the same object with the group. As a rule, the farmers are happy to be there directly to share their personal impressions, the necessary work, as well as to inform about the corresponding state of development. A subsequent snack on the farm or field can impressively round off such an event. Practical work on the farm is also possible, e.g., in small groups outside the TC evening/lunch.

On other evenings, the practical nature experiences can be illustrated with other themes, such as creation, the wonders of nature, growth in the life of faith, and comparisons with our bodies, such

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as care, hygiene, rest, etc.

Other hands-on opportunities: Each teen sows their own seeds in suitable containers e.g. flower seeds such as Tagetes etc.. These containers are taken home and everyone tends to their own plants, with regular guidance from the leaders. The seedlings can later be sold in the community or on special occasions to benefit a social project.

Informing the community early is recommended.

#### Important notes:

Planning must begin approximately 3 months prior to the launch in order to properly plan for the necessary contacts and ideas.

#### **Application:**

Annual program for teen groups

### **Source credits**

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