

## Ball throwing \* object lesson



Object lessons to be used with, for example, the story of the Emmaus disciples, the glorification on the mountain, ...

Or with themes such as, for example, the question, What are you paying attention to? or What is important to you?

### Material

- Ball
- Stopwatch
- Comfortable clothing (possibly layers)

### Object lesson

I am going to do an, for me well, exciting experiment with you. For this I need two teams of 5 people who are good with the ball and two people to help me count. (*teams e.g. boys against girls*)

*Once the teams and counters have gathered with you explain the task.*

*To the teams:* You are going to try to throw over and catch the ball as many times as possible within the time I will indicate in a moment.

*To the counters:* You are going to count how many times has been thrown over where the ball is also caught. Do you watch team A and you watch team B? What will we do with the time, 4 minutes or 2?

*To the spectators:* Pay attention and encourage your team nicely.

Are you all ready? Then you may start in 3, 2, 1!(*start stopwatch*)

*NOTE: During the time the teams are throwing up, take off (for example) a shirt and your shoes and socks.*

Another 10, 9, 8 ..... and stop! Well done teams!

*To counters and spectators:* And how many times has team A thrown up? And by team B? .... Thank you guys for helping us count.

*To (especially) the spectators:* You all paid attention, did you also notice that in the meantime I took off my shoes and socks.... took off my shoes and socks?

## **Or choose to show a movie**

If you find the above experiment too exciting, you can also choose to show a video :-)

## **Source**

Title photo: Pixelio.de

Object lesson: Seen at child moment by Andre Maliepaard

Movie: Car Advertising '15