

## Long Throw / Long Spit



Competing with others in the long throw is fun for everyone: Australians throw with rubber boots, the East Frisians with tea bags and in Scotland they even throw with telegraph poles at the famous "High-Land-Games".

### Material

- Material you want to throw (stones, cherry pits,...)
- Measuring tape, so you can measure the distance

### Gameplay

There are many ways to compete in long distance spitting: spitting with cotton balls, straws, paper leaves, paper airplanes, balls, bow and arrow or rubber bands. A long-distance spitting competition with peas or cherry stones is also very interesting. You can try to spit as far as possible or to hit a target

### Inspiration "World Championship in Cherry Pit Spitting"

The World Championship in Cherry Pit Spitting has been held annually at the Annakirmes in Dueren since 1974. The participants try in a total of six attempts to spit a cherry pit without aids as far as possible along a track about one meter wide. The distance to the unrolled cherry stone is scored, as long as it remains on the track.

More on this on Wikipedia: [World Championship Cherry Pit Spitting](#)

### Source credits

- **Title image:** Printscreen from [Youtube video](#)
- **Game idea:** Courtesy of [www.spielboerse.ch](http://www.spielboerse.ch) - Game Ideas for Jungschar!