

## Sugar Hike



This short game promotes cohesion and team spirit.

### Material

- Teaspoon
- Sugar piece (sugar cube)

### Gameplay

Each player has the handle of a teaspoon in their mouth. The first player is given a sugar cube piece to place on it. This sugar piece must now be passed in turn from spoon to spoon, but always without the help of the hands. Can you do it? - The game is especially exciting if you replace the sugar cubes with a liquid (milk, tea...).

### Variation

Each player has a drinking straw in his mouth. The first player sucks a small piece of paper and must now pass it to his neighbor in this way. How long does it take until the little piece of paper has reached the first player again?

### Materials for variant

- Drinking straw for each participant
- Small piece of paper
- Stopwatch

## Source credits

- **Cover image:** Ruben Ell / [www.pixelio.de](http://www.pixelio.de)
- **Game Idea:** Courtesy of [www.spielboerse.ch](http://www.spielboerse.ch) - Game Ideas for Jungschar!