YoungstarsWiki.org

3 Self-analysis questionnaire



- 1. Discover your beliefs
- 2. What applies to me
- 3. My energy pie

3 Self-Analysis Questionnaire

1. Discover your beliefs

Take some time to complete the following self-analysis questionnaire

Read each statement, and record the degree of agreement or disagreement using the following scale in the left margin.

See PDF file

for questionnaire 1

2. What is true of me? Symptoms of being driven Questionnaire 2 see PDF file

3. My Energy Pie Reality and Desire For Questionnaire 3, see PDF file

Source reference:

Author: Chris Thurmann "Lies We Believe", Schulte & Gerth, 1991 Image: www.juropa.net