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★ ★ ★ ★ ★
Keine Stimmen

Make marshmallows yourself



Here's how to make marshmallows yourself

Materials / Ingredients

- 310 g sifted icing sugar
- 2 tbsp cornflour
- 1 tsp unflavoured oil
- 18g ground gelatine
- 1 pinch salt
- 1 packet vanilla sugar
- 180ml water
- possibly red food coloring

- baking dish
- Mixer
- Bowl
- Pan and stove
- dough scraper
- Spoon
- Sieve
- Possibly cookie cutter
- knife
- fresh holding foil

Instructions

Prepare the baking dish so that the mixture does not stick:

Mix 1 tablespoon of powdered sugar and 2 tablespoons of cornstarch

Spread a baking dish very thinly with oil

Sift the icing sugar/cornstarch mixture onto the bottom of the baking dish

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For the marshmallow mixture:

Whisk together the gelatin, salt, vanilla sugar, and the water

Let this mixture swell for 5 minutes

In a pan, heat gently but do not boil until the gelatine has dissolved

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Meanwhile, sift 300g icing sugar into a mixing bowl

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Add the liquid to the icing sugar, stirring, and whip with a mixer until thick and fluffy, about 5-10 minutes, until you have a fluffy loose crème.

Add food coloring if desired.

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Now pour the mixture into the prepared baking dish, smooth out and cover with plastic wrap.

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It now needs to rest for at least four hours to set.

Tip: The mixture will set faster in the refrigerator. About 2 hours is enough

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Once set, rub the mixture thinly with the remaining starch mixture,

Use a knife to loosen from the edge and turn out.

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Now cut the marshmallows into cubes

Or cut them out with cookie cutters.

Sources

- Photo: Jungschar Henggart
- Recipe: https://yumtamtam.de/Rezepte/Marshmallows-selber-machen.html and Jungschar Henggart

Weitere Informationen

Categories
Camp & Organization

Tags
Recipe
Baking
Instructions
Sweets
DIY

Age
8–12 years
13–16 years

Number of participants
No data available.

Bible
This information is missing.

Duration
1–2 hours

Terrain / surroundings
In enclosed spaces

Material
Almost effortless

File download
No file downloads

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