

# Non-contact rugby

A kind of rugby where not physical strength is needed but speed.

## Game Data

- Age: 8+
- Number of players: 8-20 (4-10 per group)

## Material

- Tape
- (Rugby) ball
- Field marking

## Rules

The rules of the game are the same as for regular rugby (see below).

However, in non-contact rugby you play with ribbons that you tuck into the back of your shorts. You are only allowed to run forward with the ball if you have the ribbon in your pants. If you pull the wristband out of an opponent's pants, you must shout "Stop!" loudly and throw the wristband to the ground. The opponent has to stop immediately and play the ball within 3 seconds (backwards of course). After that, he can put his ribbon back into his pants.

## Rugby Rules

The goal is to put the ball behind the opponent's line. You may only pass/throw the ball backwards (or sideways)

## Note

Do NOT put the ribbons in the belt loops, they could be plucked off!

## **Image credits**

- Title image: provided by ML3000. (ml.3000 (at) hotmail.com)