

## Hospital room/tent



This article describes what a hospital room in a camp should contain and what needs to be taken into account.

### Criteria

- Warm, dry location
- No isolation from camp activities
- Short distance to sanitary facilities
- Sufficient water in the area
- Sufficient spare blankets
- Bell or whistle to call for assistance

### Nutrition/well-being

- Administer light food
- Several snacks between meals
- Provide sufficient hot drinks nearby
- Air beds/rooms frequently
- Provide opportunities to play and read
- Provide plastic buckets for vomiting

### Camp paramedic

- Keeps a medical record of every sick person. He is the only person authorized to dispense medication
- Records the course of the illness on the sick note (diagnostic aid for the doctor)
- Regularly taking the patient's temperature and pulse

## Call in outside help

- If unsure, consult a specialist (camp doctor, family doctor)
- Always call a doctor if you have
  - Fever above 39°C
  - Loss of consciousness
  - ill for more than three days
  - three or more patients with the same symptoms

## Information for parents

- All accidents and illnesses that require medical treatment must be reported
- Important decisions should be made together with the parents (e.g. can the child have an operation?)
- Under time pressure, make decisions as parents would normally do; inform the parents as quickly as possible
- Inform in a considered manner: Avoid frightening the parents
- Whenever possible, have injured persons call home in your presence
- In more serious cases, enlist the help of a trusted person to inform the parents

## Proof of source

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