SUBMITTED BY
MiciiExploratori

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Keine Stimmen

Competitive game



Equipment: area marked off with tape

Participants are divided into two teams that compete in a relay race. Everyone must crawl under the tape and perform a squat (girls) or a push-up (boys). After completing the task, they return to their team and pass the baton.

For more details, see the image and video.

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Number of participants
1–20
20–30

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