Baby bala bala

Das ist ein Hosensackspiel, das als Urschrei-Training genutzt werden kann und das sich eignet, um das Leben hochzuhalten / der Freude am Leben Ausdruck zu geben!

Materials

- No materials are needed for this game.
- Eventually, cloths can be distributed to all players (blind) to blindfold.

Gameplay

All stand in the field as adults blind to life (that is, with eyes closed and motionless). The baby (open eyes) yells into an adult's ears as loudly as is somehow possible to get him to wake up. Together, as living beings, they go to the next adult to wake him up. On and on and on life is thus carried.

Source reference

- **Cover image and game idea:** Courtesy of www.spielboerse.ch - Game Ideas for Jungschar!