

## Jugend+Sport-Artikel



Beim Bundesamt für Sport Magglingen, J+S Dokumentation, gibt es viele Lehrmittel und Broschüren zum Thema Jugend+Sport

### Core teaching material Youth and Sport

The core teaching material Youth + Sport is the binding basis for the training of all Y+S leaders. It contains the pedagogical and sport-theoretical guidelines for teaching children and young people.

#### Article description

In addition to the sport- and training-specific teaching media, the core teaching material represents the central theoretical teaching documentation of Jugend+Sport. With the help of this reference content, participants in Y+S training modules are enabled to take the step from learner to teacher, from athlete to leader and later from leader to expert. The core teaching material for Y+S sport is based on the "Core Concepts for Teaching and Training" and, taking into account the statements of the Y+S mission statement, directs its content to its own target group and its needs.

#### Source reference:

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[www.baspo.ch](http://www.baspo.ch)

### Camp Sports/Trekking

This booklet teaches the basics of camp organization and how to run camps with children and youth.

## Article description

The booklet highlights all the things that need to be organised and thought of when preparing for camp. Leadership of the leadership team is explained as well as different types of camps, possible camp locations and camp finances. Ideas are given on how to organise a good and exciting camp programme for children and young people.

## Source reference:

There are numerous checklists, examples, fact sheets and templates for the brochure at:

[http://www.jugendundsport.ch/internet/js/de/home/lager\\_trekking/download/handbuch/beilagen\\_lager.html](http://www.jugendundsport.ch/internet/js/de/home/lager_trekking/download/handbuch/beilagen_lager.html)

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